

Activity Calendar – April 2025

The Director's Corner

Welcome to a busy April month! Soon we will be opening the patio back up when the temperatures are bit more consistent. We look forward to utilizing the patio for planting, future BBQs, and other fun activities in the months ahead!






Finally, don't miss a special Intergenerational Arts & Crafts program with the students from Notre Dame high school on Tuesday, April 22nd!



Care Partner Meetings

This month the virtual session will take place on April 15th, 7:15-8:15pm, *RSVP* to receive a link. The in-person session will be April 16th 3-4:00pm.




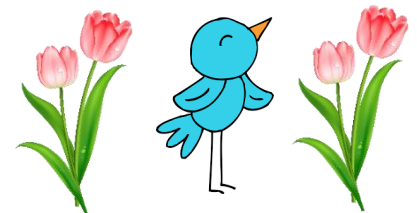

For more information, contact Tiffany Colucci, MS, PC, NCC Eldercare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><i>-HAPPY- Passover</i></p>  <p>10:00am Sit and Be Fit 10:30am Wheel of Fortune 10:30am Men's group Lunch 1:00pm Fitness Bag Exercise 1:30pm Ring Toss 2:30pm Refreshments 2:45pm Table Topics</p>	<p>2</p> <p>10:00am Sit and Be Fit 10:30am Wheel of Fortune 10:30am Men's group Lunch 1:00pm Fitness Bag Exercise 1:30pm Ring Toss 2:30pm Refreshments 2:45pm Table Topics</p>	<p>3</p> <p>10:00am Fusion Fitness 10:30am Reminiscing the 60's 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Table Topics</p>	<p>4</p> <p>10:00am Silver Sneaker Fitness 10:30am Hangman 10:30am Men's group Lunch 1:00pm Bean Bag Exercise 1:30pm Entertainment w/ Lynn 2:30pm Refreshments 2:45pm Table Topics</p>	<p>5</p> <p>10:00am Chair Exercises 10:30am Puzzle Vision Lunch 1:00pm Sing Along 1:30pm Tai Chi w/ Jonathon 2:30pm Refreshments 2:45pm Table Games</p>
<p>7</p> <p>10:00am Fusion Fitness 10:30am Animal Kingdom Trivia 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Golden Conversations</p> 	<p>8</p> <p>10:00am Zumba Exercise 10:30am You be the Judge! 10:30am Men's group Lunch 1:00pm Fitness Bag Exercise 1:30pm Golf Match 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p>9</p> <p>10:00am Silver Sneaker Fitness 10:30am Misplaced Words 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p>10</p> <p>10:00am Chair Exercise 10:30am Family Feud 10:30am Men's Group Lunch 1:00pm Bean Bag Exercise 1:30pm Let's Sing and Dance! 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p>11</p> <p>10:00am Sit and Be Fit 10:30am Scattergories/ Spa Session w/ Letty Lunch 1:00pm Stretches 1:30pm Arts and Crafts w/ Joann 2:30pm Refreshments 2:45pm Table Games</p>
<p>14</p> <p>10:00am Sit and Be Fit 10:30am 1950's Memory Lane 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p>15</p> <p>10:00am Chair Exercises 10:30am Pictionary 10:30am Men's group Lunch 1:00pm Fitness Bag Exercise 1:30pm Bean Bag Toss 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p>16</p> <p>10:00am Fusion Fitness 10:30am Matching the Synonyms 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p>17</p> <p>10:00am Zumba Exercise 10:30am Scattergories 10:30am Men's group Lunch 1:00pm Bean Bag Exercise 1:30pm Bowling Match 2:30pm Refreshments 2:45pm Casual Conversations</p>	<p>18</p> <p>10:00am Silver Sneaker Fitness 10:30am Hangman Lunch 1:00pm Stretches 1:30pm Entertainment w/ Warren Bloom 2:30pm Refreshments 2:45pm Table Games</p> 
<p>21</p> <p>10:00am Zumba Exercises 10:30am Wordle 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Table Topics</p>	<p>22</p> <p>10:00am Silver Sneaker Fitness 10:30am Notre Dame Spring Time Arts & Crafts 10:30am Men's group/Wordle Lunch 1:00pm Fitness Bag Exercise 1:30pm Miniature Golf 2:30pm Refreshments 2:45pm Table Topics</p>	<p>23</p> <p>10:00am Sit and Be Fit 10:30am 30 Letter Word 10:30am Men's group Out Trip Lunch 1:00pm 1:30pm Bingo 2:30pm Refreshments 2:45pm Table Topics 3:00pm Caregiver Support</p>	<p>24</p> <p>10:00am Chair Exercises 10:30am Facts or Fiction 10:30am Men's group Lunch 1:00pm Bean Bag Exercise 1:30pm Ring Toss 2:30pm Refreshments 2:45pm Table Topics</p>	<p>25</p> <p>10:00am Match the Antonyms 10:30am Yoga w/ Doris 10:30am Dominoes/Rummikub Lunch 1:00pm Stretches 1:30pm Pass the Mic 2:30pm Refreshments 2:45pm Table Games</p>
<p>28</p> <p>10:00am Silver Sneaker Fitness 10:30am Entertainment w/ Carl Lindquist 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments</p>	<p>29</p> <p>10:00am Sit and Be Fit 10:30am Scattergories 10:30am Men's group Lunch 1:00pm Fitness Bag Exercise 1:30pm Balloon Volley 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p>30</p> <p>10:00am Fusion Fitness 10:30am Family Feud 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Golden Conversations</p>	<p>Join us for Coffee Hour Every Morning at 9:00am</p> 	

Alternate programs are offered daily. Calendars are subject to change.

Lunch Menu – April 2025



Monday	Tuesday	Wednesday	Thursday	Friday
	1 WISCONSIN CHEESE SOUP MEATLOAF WITH GRAVY MASHED POTATOES BROCCOLI BLUEBERRY COBBLER	2 POTATO LEEK SOUP HAMBURGER OR HOT DOG FRENCH FRIES BAKED BEANS CHOCOLATE CAKE	3 CHICKEN & RICE SOUP HERB ROASTED TURKEY W/GRAVY QUINOA FRUIT STUFFING GREEN BEAN CASSEROLE APPLE PIE	4 MINESTRONE SOUP MOROCCAN STYLE CHICKEN RED SMASHED POTATOES SAUTEED MIXED VEGGIES PUMPKIN CHEESECAKE
7 EGG DROP SOUP SWEET & SOUR CHICKEN SESAME NOODLES JAPANESE BLEND VEGGIES PEANUT BUTTER BROWNIE	8 ITALIAN WEDDING SOUP STUFFED PEPPERS TOASTED ORZO CREAMED SPINACH AMBROSIA SALAD	9 POTATO LEEK SOUP HAWAIIAN CHICKEN BAKED BEANS COLESLAW LEMON PIE	10 PASTA FAGIOLI SOUP CHICKEN PARMESAN CAPELLINI RATATOUILLE CHOCOLATE CREAM PIE	11 PIZZA DAY  QUINOA VEGETABLE SOUP CHEESE PIZZA GARDEN SALAD VANILLA CAKE W/CHOC ICING 
14 ESCAROLE & BEAN SOUP VEGETABLE LASAGNA BAKED YAM GARLIC BROCCOLI MINT BROWNIES	15 BEEF ORZO SOUP OPEN FACE TURKEY SANDWICH MASHED POTATOES COLLARD GREENS BANANA CREAM PIE	16 TURKEY & WILD RICE SOUP VEGETABLE QUICHE GARDEN SALAD TAPIOCA PUDDING	17 WISCONSIN CHEESE SOUP TERIYAKI CHICKEN THAI STYLE VEGETABLE SALAD WHITE RICE CINNAMON ROLL APPLE PIE	18 TURKEY NOODLE SOUP COUNTRY FRIED CHICKEN CUTLET POTATOES O'BRIEN CALIFORNIA BLEND VEGGIES CARROT CAKE CUPCAKE W/CREAM CHEESE FROSTING
21 ITALIAN WEDDING SOUP EGGPLANT ROLLATINI RICE PILAF BROCCOLI PINEAPPLE UPSIDE DOWN CAKE	22 BEEF BARLEY SOUP ROAST TURKEY WITH GRAVY CLASSIC STUFFING ROASTED BRUSSEL SPROUTS CHOCOLATE PUDDING	23 POTATO LEEK SOUP PATTY MELT ON RYE SWEET POTATO WEDGES BAKED BEANS PEACH PIE	24 BUTTERNUT SQUASH SOUP CHEESE TORTELLINI WITH PRIMAVERA SAUCE SAVORY COUSCOUS ROASTED VEGETABLE MEDLEY CHOCOLATE CREAM PIE	25 CREAM OF BROCCOLI SOUP MOROCCAN STYLE CHICKEN COCONUT RICE SAUTEED RATATOUILLE CHERRY PIE
28 GINGER CARROT SOUP GENERAL TSO CHICKEN FRIED RICE/EGG ROLL JAPANESE BLEND VEGGIES PEACHES	29 WISCONSIN CHEESE SOUP MEATLOAF WITH GRAVY MASHED POTATOES BROCCOLI BLUEBERRY COBBLER	30 POTATO LEEK SOUP HAMBURGER OR HOT DOG FRENCH FRIES BAKED BEANS CHOCOLATE CAKE		

ALL MEALS MEET UNITED STATES DEPT OF AGRICULTURE NUTRITIONAL REQUIREMENTS: BREAKFAST OPTIONS: 1% MILK, COFFEE/TEA, JUICE, TOAST (MARGARINE, JELLY, PEANUT BUTTER), OATMEAL, CEREAL, YOGURT, FRUIT
SNACK VARIES, MAY INCLUDE: 1% MILK, CHEESE STICKS, GRAHAM OR ANIMAL CRACKERS, YOGURT, APPLESAUCE, FRUIT, ASSORTED DESSERTS. MENUS ARE SUBJECT TO CHANGE. SPECIAL MENUS CAN BE ARRANGED TO
ACCOMMODATE SPECIAL MEDICAL NEEDS; GLATT KOSHER AVAILABLE UPON REQUEST